

Patient Information

Patient Name	Sex	DOB	SSN
Hollowell, Mary N.	Female	6/29/1964	xxx-xx-xxxx

Progress Notes by Michael E. Obenshain, MD at 10/1/2013 9:50 AM

Author: Michael E. Obenshain, MD Service: (none) Author Type: Physician

Filed: 10/1/2013 1:05 PM Encounter Date: 10/1/2013 Status: Signed

Editor: Michael E. Obenshain, MD (Physician)

Subjective:

Patient ID: Mary N Hollowell is a 49 y.o. female.

Anxiety

Presents for initial visit. Symptoms include excessive worry, nervous/anxious behavior and obsessions. Patient reports no chest pain, palpitations, shortness of breath or suicidal ideas. Primary symptoms comment: paranoid after being in China for 6 months and being heavily monitored.

Hyperlipidemia

This is a chronic problem. Pertinent negatives include no chest pain, myalgias or shortness of breath. Current antihyperlipidemic treatment includes statins.

The following portions of the patient's history were reviewed and updated as appropriate: allergies, current medications, past medical history, past social history and problem list.

Review of Systems

Constitutional: Negative for activity change.

Eyes: Negative for visual disturbance.

Respiratory: Negative for cough and shortness of breath.

Cardiovascular: Negative for chest pain, palpitations and leg swelling.

Musculoskeletal: Negative for myalgias.

Neurological: Negative for syncope and light-headedness.

Psychiatric/Behavioral: Negative for suicidal ideas. The patient is nervous/anxious.

Objective:

Physical Exam

Vitals reviewed.

Constitutional: She is oriented to person, place, and time. She appears well-developed and well-nourished.

Neurological: She is alert and oriented to person, place, and time.

Psychiatric: Her mood appears anxious.

Assessment:

1. **Anxiety state, unspecified**
2. Pure hypercholesterolemia

Plan:

Orders Placed This Encounter

- Flu vaccine greater/equal to 3yo preserv free IM - trivalent
- Lipid panel
- Comprehensive metabolic panel
- simvastatin (ZOCOR) 80 MG tablet
 - Sig: Take 1 tablet (80 mg total) by mouth nightly.
 - Dispense: 180 tablet
 - Refill: 1
- escitalopram (LEXAPRO) 5 MG tablet
 - Sig: Take 1 tablet (5 mg total) by mouth daily.
 - Dispense: 30 tablet
 - Refill: 2
- zolpidem (AMBIEN) 10 mg tablet
 - Sig: Take 1 tablet (10 mg total) by mouth nightly as needed for Sleep.
 - Dispense: 30 tablet
 - Refill: 1

agreed with counseling that she is scheduling.

F/u 4weeks

Electronically signed by Michael E. Obenshain, MD on 10/1/2013 1:05 PM.

Results History

Result Date - 10/2/2013

Component Results

Component	Value	Flag	Ref Range	Units	Status
Glucose	84		65 - 99	mg/dL	Final

Comment:

Fasting reference interval

BUN	9		7 - 25	mg/dL	Final
Creatinine	0.66		0.50 - 1.10	mg/dL	Final
GFR MDRD Non Af Amer	104		> OR = 60	mL/min/1.73m2	Final
GFR MDRD Af Amer	120		> OR = 60	mL/min/1.73m2	Final
BUN/Creatinine Ratio	NOT APPLICABLE		6 - 22	(calc)	Final
Sodium	141		135 - 146	mmol/L	Final
Potassium	4.1		3.5 - 5.3	mmol/L	Final
Chloride	104		98 - 110	mmol/L	Final
CO2	26		19 - 30	mmol/L	Final
Calcium	9.4		8.6 - 10.2	mg/dL	Final
Total Protein	6.8		6.1 - 8.1	g/dL	Final
Albumin	4.7		3.6 - 5.1	g/dL	Final
Globulin, Total	2.1		1.9 - 3.7	g/dL (calc)	Final
Albumin/Globulin Ratio	2.2		1.0 - 2.5	(calc)	Final
Total Bilirubin	0.6		0.2 - 1.2	mg/dL	Final
Alkaline Phosphatase	59		33 - 115	U/L	Final
AST	17		10 - 35	U/L	Final
ALT	12		6 - 29	U/L	Final

Comment:

REPORT COMMENT:

FASTING

Test Performed at:

QUEST DIAGNOSTICS-ATLANTA

1777 MONTREAL CIRCLE

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WILLIAM M MILLER, MD